



Switching back on to safety after time away from work

Returning to work

Switching back on to safety

After taking a break from work, whether it's for a few days or weeks, we must make sure to re-focus and consider what could have changed in the workplace while we were away.

When we take time away from work, we typically fall out of our usual routines as we enjoy time with our families, social events and recreational activities.

Once we return to work, it is important that we switch back on to safety. We can do this by:

- Paying attention to any notices or alerts that were issued in your absence
- Listening at your prestart and toolbox meetings for any important information
- Revisiting your risk assessments to refresh your memory on safe work methods
- Participating in any refresher inductions or training that is required
- Looking at your work area with fresh eyes – look for hazards and report any unsafe conditions
- Using the 'Take 2: Stop-Think-Go' process to get us back into a safe mindset
- Communicating with others – if you are not sure about something, ask
- Watching out for each other and intervene if you see someone at risk.